

# Support Group for Parents of Children with Mental Health Issues

**When:**

2nd Thursday of each month, 6:00-8:00 pm

**Where:**

Support for Families  
1663 Mission Street #700, San Francisco

**Facilitators:**

Sarah Bennett and Olga Maldonado



This FREE monthly drop-in Mental Health Support Group will provide a safe and welcoming space to parents, grandparents, or legal guardians to share their valuable experiences of caring for a child under 18 living with a mental health diagnosis or mental health-related symptoms. There will be occasional guest speakers/specialists providing information and resources to attending family members.

For more information please contact:

**Olga Maldonado, FRS** at 415-920-5040, Ext. 121

[omaldonado@supportforfamilies.org](mailto:omaldonado@supportforfamilies.org) or

**Sarah Bennett, SW** at 415-920-5040, Ext. 125

[sbennett@supportforfamilies.org](mailto:sbennett@supportforfamilies.org)

Please call Support for Families to reserve a spot at least one week in advance, especially if childcare is needed. **Childcare is also free and is offered on a limited basis, and must be requested in advance.**

**To sign up for the group, or to request childcare,  
please call:**

**415-920-5040**

